

2015-2016 Annual Report

"I had no idea how much those early childhood experiences affected every aspect of my life, but with Shepherd's help, I have learned so much about myself. I have been given tools to use and other resources to assist me in everyday living.

There were times when I wanted to quit because it was too painful, but I know that without Shepherd's Counseling Service and their staff, I can only imagine where I would be today."
- A Grateful Grandfather

We unite to create a safe place to achieve a crucial mission:

to restore the hope and dignity of adults who have been sexually abused in childhood through specialized and affordable therapy, community education, and public advocacy.

Shepherd's Counseling Services

Year in Review

A record-breaking number of new clients began healing at Shepherd's Counseling Services with the caring support of our community.

Survivors continued to receive the support they needed for sliding-fee services, keeping therapy affordable, and most of the need was met for scholarships.

Looking Ahead

The need for [scholarship support](#) continues to be high. We continue our dedication along with scholarship donors to helping all survivors find healing.

2016-2017 also celebrates our [Premier Fall Luncheon](#). We are excited to grow the branches of a compassionate community of support together.

From our Executive Director

Because of you, the world is getting better day by day for every survivor who comes to Shepherd's for help.

Because of you, we are able to say "yes!" to survivors who need financial help to begin their healing journey. Our commitment to provide affordable therapy remains strong and, once again, we were able to fulfill this commitment to our clients who benefit from both our sliding scale and our scholarship fund.

My deepest thanks for being a part of this vibrant and committed group of individuals who uphold this life-changing work.

- Janice Palm, MA, LMHC

Serving our Community



153 survivors received therapy: 61 men, 92 women



126 new clients began therapy



65 men's group sessions
38 women's group sessions



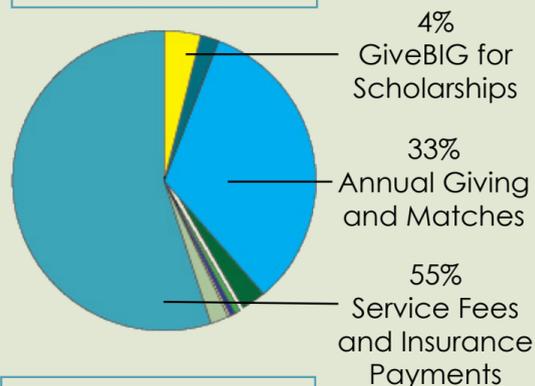
25 partner support group sessions



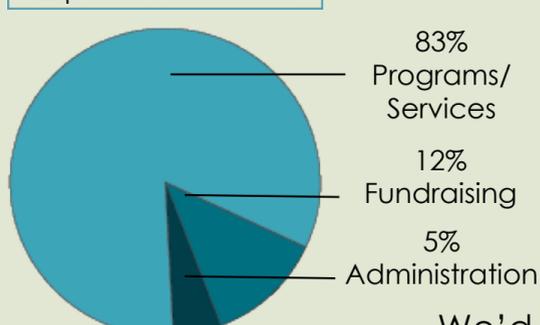
240 hours of therapy were directly funded by donors to clients on need-based scholarships

\$30,720 of financial assistance was disbursed to clients on our sliding-fee-scale. \$19,765 of donor contributions were used by clients on scholarship for therapy.

Income Sources



Expense Allocation



"Thank you, from the bottom of my heart! I would like those who were in group with me to know that they have changed my life immensely. I owe them a debt of gratitude for sharing their strength and vulnerability with me in ways that has powered me through these last few years."
- a survivor who found healing at Shepherd's

*Because of your caring support!
Thank you so much!*